

**Toronto Bicycling Network
Presqu'ile Prescription
Camping and Cycling Weekend Getaway
July 03 to 05, 2015:**

Come to Presqu'ile Provincial Park for two days of cycling in the Prince Edward county area. On road cycling routes are available from 40 to 100+ km, or just relax or hike in the park. The terrain is varied from relatively flat to quite hilly depending on the route you choose. Enjoy the company of fellow cyclists camping on a group site Friday and Saturday night. Provided will be two pancake breakfasts and supplies for sandwich lunches. Saturday night dinner will be potluck.

Please register online for this outing, or print and complete this form. If you register by mail, include a cheque or money order for \$40 (or \$45 if you are not a TBN member) made payable to the "*Toronto Bicycling Network*". Please do not send cash through the mail. The registration cut off is Sunday, June 28th.

We ask for your license plate number because we need to submit a complete list of attendees and plate numbers by Wednesday before the weekend, so that we can prepay the per person and per vehicle park fees.

If you are using mail, please send the form with payment to:

Paul Price
7 – 6449 Glen Erin Drive
Mississauga, ON
L5N 2T2

When you register, you will receive a confirmation email (or regular mail) with an attachment providing directions to the park, an itinerary, and more suggestions on what to bring. If you are mailing your form close to the cut off date, send us a concurrent email – mail has arrived after the weekend trip!

While we will not organize car pooling, we will help in the process. Contact us for more information. For car poolers, if you can not find a ride, we will refund your online payment or return or destroy your cheque.

You will need a tent and some camping supplies. Trailers are not allowed on the group site.

Presqu'ile Provincial Park is about a two hour drive east from Toronto.

Paul Price & Brenda Sweet
905-567-1035
presquile@tbn.ca

Suggestions on what you need for a weekend camping trip:

Tent – either bring your own, or arrange to share with someone.

Ground sheet – optional for many, it can keep your bottom dry if the weekend is wet.

Sleeping Bag or blankets, and *pillow*.

Mattress – Thermarest, Foam, or the ultimate: a blow up air mattress.

Fold up chair – nice for sitting around the fire at night.

Bug Repellent with DEET – mosquitoes may be plentiful.

Rain gear – although we try, sunny weather can't be guaranteed.

Bathing suit – mandatory attire, one of the beaches is quite close.

BYOB – alcohol is allowed on site if you are so inclined (don't be caught with alcohol off-site, there is a \$125 fine!)

Potluck Dinner – Saturday night will be a potluck dinner, bring something you wish to share.

Utensils – plate, bowl, cup – we now provide cutlery (knife, fork, spoon)

Stove/Cooler – You may wish to bring a cooler for your food and cold drinks. We will be bringing three stoves for common use, but you may wish to bring your own. We have a dedicated stove for boiling water.

Bike Kit – there is no sag support on the rides, you may wish to bring a tube, patch kit, and tools.

Bike Helmet – helmets are mandatory on any TBN ride or event.

Cancellation Policy:

TBN weekend trips are not subsidized and cannot lose money. Last minute cancellations make it difficult to run an event. We purchase food before the weekend, and usually pay park fees the Wednesday before the weekend. Please refer to TBN's weekend trip policy for specifics.

Our goal for these weekend outings is to provide an inexpensive getaway from the city where people can enjoy the outdoors, cycling, relaxing, and the company of other nice people.

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Name: _____

Phone Number: _____

TBN Member? Yes / No

Correspondence: Email / Mail (if mail, we will need your address below)

Email Address: _____

License Plate: _____

Do you need carpooling? Yes / No

If yes, what intersection are you close to

Can you help by providing transportation to someone without a vehicle? Yes / No

If yes, what intersection are you close to _____

Food: Vegetarian Pork Free Gluten Free Other: _____

I agree to the terms of the TBN waiver on the next page: Yes / No (no need to sign)

Comments: _____

Waiver:

I HEREBY RELEASE AND FOREVER DISCHARGE the Toronto Bicycling Network Inc., their officers, directors, employees, agents and other representatives ("Released Parties"), from all claims, demands, and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person, the registrant undersigned for whom I am the parent or guardian (The Registrant) or property however arising as a result of my participation or the participation of The Registrant in any activity organized and/or sponsored by this Toronto Bicycling Network (TBN) organized weekend trip. I understand that this release includes the release of all claims, demands and causes of action, which may arise by reason of any intentional act, negligence, gross negligence, error or omission on the part of the Released Parties. I declare that this release is binding upon me, my heirs, executors, administrators, and assigns, and those of The Registrant. I FURTHER UNDERTAKE TO HOLD AND SAVE HARMLESS AND AGREE TO INDEMNIFY the RELEASED PARTIES from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected to, my participation or the participation of The Registrant in any activity organized and/or sponsored by the TBN. BY SIGNING THIS AGREEMENT I ACKNOWLEDGE HAVING READ, UNDERSTOOD, AND AGREED to the above RELEASE AND INDEMNITY. I WARRANT that I am at least 18 years of age, physically fit to participate in this weekend trip, and that all my equipment is mechanically fit and suitable for its intended use in such activities, and that I shall heed all traffic laws and wear a CPSC-, CSA-, SNELL-, or ANSI-approved cycling helmet.

Rev 3, 2014